**Aims:**

* Low but adequate protein
* Low fat
* High carbohydrate

**Guidelines:**

* **AVOID** alfalfa, legumes, grains and spring cut hay.
* Grazing is to be encouraged (providing there are no skin lesions that may be exacerbated by sunlight) but care should be taken in the spring when protein levels in the grass may be high.
* **AVOID** fats (ie do not add oil etc to the diet).
* **AVOID** salt (ie do not add salt do diet or offer any type of salt lick).
* A multi vitamin (especially B vitamins) supplement may be fed but please ensure that is does NOT contain iron.

**Suggested diet:**

* 1 part fibre nuts, 1 part soaked sugar beet, 1 part flaked maize in molasses can be fed to improve condition and put on weight. Roughly 0.8kg feed/100kg bodyweight daily of the above concentrate diet should be fed if your horse needs to gain condition. This can be reduced if your horse is a normal weight (and reduced further if your horse is overweight!).
* Oat hay can be used instead of grass nuts.
* 2.2kg/100kg of forage should be fed daily.
* This diet should be fed little and often, ideally up to six times daily; this is to reduce the workload of the liver.